

## Assessment

## **Reflective questions (Step 4)**

1. What activity did you choose?

2. How did intentionally using your imagination to facilitate awe change your experience of the activity?

3. What other strategies can you think of to facilitate awe in other activities? Provide specific examples of how you plan to integrate these concepts into your daily life.



4. Share your insights with your fellow students in a creative way (e.g. through a drawing, a presentation, or movement).

5. How did your awe experience affect your perspective on relating to others and the world?