

Key Advice

Differences between a discussion or debate versus a dialogue

Explain the fundamental differences between a discussion (debate or argument) and a dialogue (open, empathetic conversation). Emphasise the value of suspending personal opinions to explore diverse perspectives.

| | Discussion / Debate | Dialogue |
|--|---|--|
| Starting point | Looking for 'the' best answer or that which is morally 'right'. | Reality and that which is morally "good" is not fixed and multi-interpretable. |
| Basic attitude | Wanting to convince the other person from one's judgement or knowledge. | Investigating. We have something to say to each other. |
| Speaking time of others | Participants demand speaking time and see the other person's speaking time, insights and/or knowledge as incorrect. | Suspension of judgements. Exploring your own and others' judgements through sincere questions is paramount. |
| The language that is used is characterised by | 'Yes, but', | 'Yes, and', asking (probing) questions, accurately formulating, and monitoring the process (e.g., summarising each other). |
| Process is characterised by | Momentum, acceleration, and conclusions and/or solutions. | Active listening, desires and answers that are evaluated are evaluated. |
| Focus is on | Objective and/or effective knowing, decisions, conclusions and judgements. | Examining and testing the different points of view. |
| Levels of inference | Attention is focused on 'absolute knowing'. | Attention is focused on 'relative knowing'. There is room for not knowing and new questions. |

This table was created by the VU Centre for Teaching & Learning, based on: Molewijk, B. (2013).