



Assessment

Individual reflective questions (Step 1)

Identify and circle your own positions on the Wheel of Power handout per variable.

1. Which aspects of your identity do you think about most often? Which aspects do you think about least often?
2. Which have the strongest effect on how you perceive yourself?
3. Which have the greatest effect on how others perceive you?

Write down the aspects of your identity you prefer **not** to share on a sticky note, and place these sticky notes inside the envelope. Aspects you are comfortable sharing can be written on the envelope itself or this paper.