



Tool overview



Being

	Poetic Motivations			 < 2h
	Purposeful Storytelling			 < 2h
	Acting in Alignment			 < 2h
	Adapting Response Patterns			 > 2h
	Exchanging Perspectives			 < 2h
	Intervision on Inner Development			 > 2h
	Positive Gossiping			 > 2h
	The Volcano of Change			 > 2h
	Travelling concepts			 > 2h
	Body Awareness			 > 2h
	The Superhero in Me			 > 2h
	Inside-Outside Presence			 > 2h
	Social Presencing Theatre			 < 2h
	The Repeating Question			 < 2h

Thinking

	Navigating Uncertainty			 > 2h
	Self Guided Assessment			 > 2h
	Experiencing Interdisciplinarity			 < 2h
	Shared Problem Definition			 > 2h
	Socio-Spatial Mapping			 < 2h
	Conscious Consumption Quest			 > 2h
	Mapping the Maze			 > 2h
	Social Presencing Theatre			 < 2h
	The 4E model			 > 2h
	The Volcano of Change			 > 2h
	Future Folktales			 > 2h
	Imagining the Future			 < 2h
	Brainstorming with Eureka			 > 2h
	Creating New Metaphors			 < 2h
	Visual Narratives			 > 2h

Relating

	Being Grateful			 < 2h
	Cultivating Awe			 > 2h
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	Enhancing Sensorial Connectedness			 > 2h
	Onboarding Transdisciplinary Collaboration			 > 2h
	Participate as a Pro			 < 2h
	The Humble Mindset			 > 2h
	Deep Listening			 < 2h
	Inviting Non-Human Stakeholders			 < 2h

Collaborating

	Team Check-in			 < 2h
	Triggering Team Trust			 > 2h
	Inclusive Decision-Making			 > 2h
	Socially Inclusive Research			 > 2h
	Enabling Co-creation			 > 2h
	Fostering Collaborative Creativity			 > 2h
	Constructive Conversations			 > 2h
	Restorative Dialogue			 < 2h
	Travelling concepts			 > 2h
	Co-designing Transition Experiments			 > 2h
	The Power of Storytelling			 > 2h

Acting

	Making Courageous Decisions			 > 2h
	Step Up Your Courage			 < 2h
	Challenge your Beliefs			 < 2h
	Positive Reframing			 > 2h
	Embracing Uncertainty			 < 2h
	Fostering Resilience			 > 2h

Legend

-  execution time
-  individual activity
-  group activity
-  single session
-  multiple sessions



Transition Makers Toolbox

BEING — CULTIVATING OUR INNER LIFE



INNER COMPASS



INTEGRITY AND
AUTHENTICITY



OPENNESS AND
LEARNING MINDSET



SELF-AWARENESS



PRESENCE



THINKING — UNDERSTANDING OUR COMPLEX WORLD



CRITICAL THINKING



PERSPECTIVE
SKILLS



SYSTEMS
THINKING



LONG-TERM ORIENTATION
AND VISIONING



CREATIVITY



RELATING — CARING FOR OTHERS AND THE WORLD



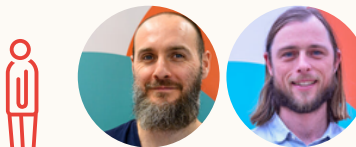
APPRECIATION



CONNECTEDNESS



HUMILITY



EMPATHY AND
COMPASSION



FORGIVENESS



COLLABORATING — BUILDING TRUST AND WORKING TOGETHER



RELATIONSHIP-
BUILDING SKILLS



INCLUSIVE MINDSET
AND INTERCULTURAL
COMPETENCE



CO-CREATION
SKILLS



COMMUNICATION
SKILLS



MOBILIZATION
SKILLS



ACTING — LEADING AND ENABLING CHANGE



COURAGE



HOPE AND
OPTIMISM



RESILIENCE



CONSCIOUS USE
OF RESOURCES



PROACTIVITY

