



Key Advice

Teacher Preparation

In preparation for the in-class activity, take time to consider and arrange the following:

- **PowerPoint presentation**

Adjust the provided [Creative Challenge presentation](#) where needed.

- **Set the stage**

Create a safe and inspiring learning environment. Use the [Seven Golden Guidelines for a Safe Learning Environment](#) as a practical guide.

Choose a space that allows for both a plenary session to give instructions and for teams to spread out and build their installations. Ensure the environment is welcoming, spacious and supportive of creativity. For instance, you can organise the workshop near a thrift store or charity shop and provide each team with a small budget or voucher to purchase extra objects on the spot, or use a local community centre. These often have materials such as sofas, mirrors, board games and other items that can spark creativity.

Bring along a selection of additional objects that students can use freely during the assignment.

Encourage a creative mindset by explaining the difference between an open and closed mindset and opening with a short creative warm-up. Introduce the [Rules for Brainstorming](#) to foster respectful creative group work, especially important when dealing with personal topics such as stress and eustress. Optionally, you may use selected techniques from this guide to structure the creative process: [Instructions for various Brainstorming Techniques](#).

- **Scent assignment**

Choose a scent that you can bring to class that isn't immediately recognisable. For instance, an essential oil such as vetiver, cardamom, cedarwood or lavender, or something more unexpected like leather or black pepper.

- **Time management**

Aim for a healthy balance between the different activities. Alternating between theory and practice helps students engage more actively, particularly those who may initially be hesitant to participate in a creative activity.



Students often have low energy at the end of a creative workshop. A long reflective session at this point is not productive. Ideally, run the workshop in the morning, offer lunch, and then move into the debrief and individual assessment.