



Action Plan

After discussing your values, identify one or two specific situations in the coming weeks where you may face a challenge in staying true to these values. For each situation, describe the action you will take to express your values authentically.

Template:

On/in..... at, I will [indicating the (various) core value(s) that align with the actions in brackets]

Example:

On Monday, 7 October at the club hockey meeting, I will share (openness/honesty) how I feel about the new rule that the goalie is solely responsible for the goalie's bag. I will indicate that I believe that we should share this responsibility as a team (collective responsibility/interdependence) and will propose a schedule (proactive).

Situation 1:

Action: On/in..... at, I will

Situation 2:

Action: On/in..... at, I will