



Assessment

Reflective questions

1. In what ways has engaging in storytelling helped you establish a deeper connection with your inner compass and values?
2. How do your individual inner values align with the shared values identified within your group?
3. How has actively listening to the stories of others contributed to your understanding of your own values and purpose?
4. Has this storytelling activity impacted your future plans in terms of aligning your actions with your inner values? If so, in what ways?