

Assessment

Reflective questions (Step 5)

You can use the questions below to guide the group reflection. You don't have to answer all of them; choose the ones that feel most relevant to your experience.

- Where did the change begin in the shift from Sculpture 1 to Sculpture 2? What set it in motion?
- Did your attention evolve during the process? If so, how?
- Did your sense of space, time, self or other shift? If so, how?
- If this were a film, what would its title be?
- What was your experience as a player or as a space-holder? What surprised you?
- What changed between Sculpture 1 and Sculpture 2? What are the three most striking differences?
- What insights or next steps emerged for you from this experience?